

A Comprehensive Program

Group Facilitation

Group facilitation helps students develop vocational, post-secondary and independent living skills through a series of structured activities. We customize the activities based on the domain and individual skill level (Beginner, Immediate or Advanced-Post Secondary/Vocational Track).

Community-based Learning Experiences

After participants develop skills through practice in our state-of-the-art real-life simulations, they have the opportunity to practice them in the community. During our typical program — five days a week, three hours a day — students are in the community with their peers up to 50% of the week. Students are out locally, either job shadowing or practicing their skills by working at local non-profit organizations and businesses. TSC partners with a wide variety of local businesses and academic programs to provide students with insight into career choices. Students are introduced to our community by visiting sites, such as public transportation, post offices, the courthouse and city hall.

TSC Ventures

In addition to community outings, students participate in TSC Ventures, which include *TSC is a Latte Fun*, *TSC is the Balm* and *TSC is for the Dogs*. *TSC is a Latte Fun* is a mobile coffee cart where students use skills obtained

throughout the program, such as social interaction, money management, fulfilling customer orders and distributing prepared baked goods. *TSC is the Balm* and *TSC is for the Dogs* provide students the opportunity to engage in both the production and sale of organic lip balms and dog treats.

Hydroponics

At the Transitional Skills Center, your student can learn sustainable farming techniques in our hydroponic room and outdoor garden. Through this program, your student can enhance their skills for employment in agriculture. Students learn how to read pH levels, keep records and more. We tie it all together by showing students how to use what they grow in our indoor and outdoor gardens to create delicious meals, right here in our kitchens. It's the big picture of farm to table.

Recreation and Wellness

Our recreation and wellness component works with students on team-building and group dynamics. These skills allow students to communicate socially. They are also key skills for success in the workplace. Not only do students enjoy the benefits of exercising, but they also learn about team sports such as soccer, basketball and volleyball. In the kitchen we teach how to plan and prepare a healthy balanced diet. The facility offers students a chance to work in both commercial and residential kitchens for those interested in the field of culinary arts.

Transitional Skills Program Helping Young Adults Discover Their Potential



The Transitional Skills Program empowers students with different disabilities — ages 14-21 — to reach their goals, whether that's:

**Competitive, Integrated Employment
Post-secondary Education
Independent Living**

Serving Students With Disabilities in Northeastern PA School Districts

As the only facility of its kind in the area, we offer simulated life settings for developing practical skills. Students progress through a series of activities designed for their abilities and goals.

The key is building on the skills they developed. Our half-day program offers flexibility and ongoing growth, customized for each student.

At the end of the program, students have the soft skills they need to get and keep employment. They also have a clearer insight into their future career options.

**530 Electric Street Scranton, PA 18509
570-207-9101**

They have assembled a group of kids that Tyler feels truly comfortable with and can relate to. That is invaluable. He has finally found his "peeps."

~ Janet and Bill, Parents

The students who are participating in the program cannot wait to go every day.

~ Timothy Hopkins, Principal,
Dunmore High School



We can be **independent** when we do it **together**.

Contact Us Today to Learn More

Sue Sileo, Director, Transition Services
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Building the Skills Students Need to Obtain Competitive, Integrated Employment

The TSC program helps students with disabilities develop the skills and behaviors that lead to success. Students gain the confidence they need to obtain and maintain competitive, integrated employment.



A Comprehensive, Interdisciplinary Curriculum

We use a research-backed curriculum that addresses real-world challenges and goals. Our comprehensive, interdisciplinary curriculum covers three domains. Each domain has various competencies and sub-competencies in addition to learning modules.

Flexible Lessons to Meet Unique Needs and Goals

We provide lessons at three levels of increasing complexity. This approach allows students to continue growing and refining their independent living skills. From daily living and interpersonal relationships to employment, students can master the skills they need to live their best lives.

Engaging Activities That Offer Real-world Skill Practice

During the program, students engage in daily living activities that involve both abstract and tangible concepts. A key part of our curriculum is community-based learning experiences. Our students have the opportunity to go out into our community and practice the skills they're developing.

Individualized Counseling and Support

Students can meet with our social worker as needed to help achieve life goals and overcome everyday challenges. Regular meetings can alleviate any concerned behaviors before they escalate into significant issues. The social worker is also available as a resource to families if they have any concerns regarding their loved ones attending the Transitional Skills Center.

Learning Modules and Curriculum Domains Designed for Progressive Skill Development

Learning Modules

- Module 1** Social Interaction
- Module 2** Dealing With Emotions
- Module 3** Problem Solving
- Module 4** Self-Advocacy
- Module 5** Building & Maintaining Friendships

- Module 6** Teamwork
- Module 7** Self-Care
- Module 8** Professionalism
- Module 9** School & Family Demands
- Module 10** Employment Skills

Curriculum Domains

Domain I: Daily Living Skills

Competencies of Daily Living Skills:

1. Managing Personal Finances
2. Selecting and Managing a Household
3. Caring for Personal Needs
4. Demonstrating Relationship Responsibilities
5. Buying, Preparing and Consuming Food
6. Buying and Caring for Clothing
7. Exhibiting Responsible Citizenship
8. Utilizing Recreational Facilities
9. Choosing and Accessing Transportation

Learning Modules:

1, 2, 3, 6, 7, 9, 10

Domain II: Self-Determination, Self-Advocacy & Interpersonal Skills

Competencies of Self-Determination, Self-Advocacy, and Interpersonal Skills:

1. Understanding Self-Determination
2. Being Self-Aware
3. Developing Interpersonal Skills
4. Communicating with Others
5. Good Decision-Making Skills
6. Developing Social Awareness
7. Understanding Disability Rights & Responsibilities

Learning Modules:

1, 3, 5, 6, 7, 8, 10

Domain III: Employment Skills

Competencies of Employment Skills:

1. Knowing and Exploring Employment Possibilities
2. Exploring Employment Choices
3. Seeking, Securing and Maintaining Employment
4. Exhibiting Appropriate Work Ethic

Learning Modules:

1, 4, 5, 6

I feel that the hands-on activities and various group levels at TSC are a great resource to our students. They are a wonderful added support for our students to help them towards reaching their post-school goals.

~ Dave Genovese,
Transition Coordinator,
Scranton School District