

# Transitional Skills Program

## Helping Young Adults Discover Their Potential

MyCIL.org



The Transitional Skills Program empowers students with different disabilities — ages 14-21 — to reach their goals, whether that's:

- Independent Living
- Post-Secondary Education
- Competitive-Integrated Employment



## Serving Students With Disabilities in Northeastern PA School Districts

As the only facility of its kind in the area — serving 15+ districts from 3 counties in NEPA region — we offer young adults with disabilities the training and support they need to achieve their individual independent living goals. Moreover, they have the unique opportunity to form lasting friendships with peers from across the region.

In our simulated life settings, our students develop practical skills. They progress through a series of activities designed for their abilities and goals. The key is building on the skills they develop. Our half-day program offers flexibility and ongoing growth, customized for each student.

At the end of the program, students have a stronger foundation for their vocational goals, soft skills, and self-advocacy for removal of barriers. They benefit from a clearer path beyond transition for their personal and professional aspirations to live as independently as possible.

### Our Comprehensive Program Includes:

- Group Facilitation
- Community-Based Learning Experiences
- Nutrition and Independent Living
- Art and Social Emotional Learning
- Recreation and Wellness

We can be independent when we do it together.



Contact Sue Sileo, Director, Transition Services Today to Learn More  
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